

# BCPFPA Regional Academy and Team BC



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## Regional Academy Program

The BCPFA is launching a regional football academy to support the development and selection of players to provincial team programs (i.e. Team BC). Only players participating in the BCPFA Regional Academy program are eligible for selection to provincial teams. There will be three phases to the operation of the academy program and Team BC:

### Training Phase (November to April)

The BCPFA Regional Academy program will commence on November 1<sup>st</sup>, 2020 and operate for 6 months (i.e. until the end of April). Athletes will train locally with their academy during this phase. BCPFA coaching staff will visit academies periodically in this phase to scout athletes for the Team BC program.

### Camp and Final Evaluation Phase (April to May)

The camp and final evaluation stage will commence in April or May depending on the age category. BCPFA coaching staff will attend camps to scout athletes for the Team BC phase.

### Team BC (June to July)

Final selection for Team BC will be complete by late May or early June depending on the age category. Athletes will participate in periodic training camps as part of their final preparation to represent BC at the designated competitions.

## U19 Team BC

The U19/Grade 12 Team BC will offer players an opportunity to continue their development in their final year of high school and support the athlete's transition to Junior or Post-Secondary football opportunities. The Top 80 players in this category will compete in an annual Orange vs Blue intra-squad game.

## U18 Team BC

The U18 team will represent British Columbia at the 2021 Canada Cup. The annual Canada Cup is organized by Football Canada and acts as a national championship for provincial teams. British Columbia will host the 2021 Canada Cup in July.

## U17 Team BC

This team will represent BC against other provincial teams from the rest of Canada in a new U17 National Championship. The schedule and location are currently under discussion and will be confirmed in the fall 2020. It is possible these games could be hosted in BC.

## U16 Team BC

The U16 team will represent British Columbia at the 2021 Western Regional Championships. This annual event is organized by Football Canada and acts as a western championship for provincial teams. British Columbia will host the 2021 Western Regional Championships in July.

## U15 Team BC

The Top 50 players in this category will compete in an annual Orange vs Blue intra-squad game. Additional games against other western provinces (or in the USA) may be arranged subject to local and national travel restrictions.

## U14 Team BC

The Top 40 players in this category will compete in an annual Orange vs Blue intra-squad game. Additional games against other western provinces (or in the USA) may be arranged subject to local and national travel restrictions.

## Selection and Evaluation Process

The BCPFA continues to refine and improve our selection process based on a “best practice” approach. With this in mind, we are adopting a more rigorous approach to the selection of players to all Team BC programs commencing in 2020/21. More specifically, the selection process for all teams will include consideration of the following key areas:

- Combine Testing Results
- Game Day Performance (i.e. scouting games)
- Performance in Training Environments (i.e. Academy)
- Coach Feedback (Academy, and/or Club or School coach)
- General Conduct (coachability, attitude, work ethic, attendance)

## Additional Program Features

The BCPFA Regional Academy and Team BC program will include the following components:

### Athlete Monitoring

The progress of each athlete will be tracked using an online platform. The coaches and athletes will both enter Key Performance Indicators:

- Testing Results
- Attendance
- Strength and Conditioning
- Wellness (Sleep, Nutrition, Injury Prevention/Recovery, Mental Health)
- Skill Development/Acquisition

### Mental Preparation

As a part of the program, athletes will participate in periodic presentations and workshops to support their athletic performance. The purpose of **mental preparation** is to create a mindset that helps the athlete perform to their full capabilities and talents in competition

### University Transition Program

This program will be providing athletes and their families with assistance as they navigate through the often-challenging process of securing the best post-secondary options for the athlete. This program will be delivered through a partnership with Game Changer Sports (<https://www.gamechangersports.ca/university-recruitment>). This component will include the following in most age groups:

- Scholarship Presentations (All Age Groups)
- Initial consultation with a scholarship advisor (1 per athlete) (Grade 10,11)
- Athlete Profile on the BCPFA Scouting Website (All Age Groups)
- Coach/Advisor feedback to external coaches e.g. NCAA/U-sport/Junior. (Grade 11/12)
- Provision of multi-year tracked data through athlete monitoring (All Age Groups)
- Media Training/Workshops (Grade 10,11 & 12)

## 2021 Calendar – Regional Academy and Team BC

The calendar is subject to change based on public health orders and BCPFA Return to Sport Guidelines.

### Awards Night (Early June)

In conjunction with Senior/Junior Bowl (subject to relaxation of public gatherings)

### U19 Team BC – Junior & College Transition Year

- Top 80 Intra Squad (Orange Jersey vs Black Jersey) (June) – Live Streamed by BCPFA
  - 12 man

### U18 Team BC

- Canada Cup - Football Canada (July) – Live Streamed by Football Canada
  - Requires approval of inter provincial travel by public health officer
  - 12 Man
- Senior Bowl (Early June) – Live Streamed by BCPFA
  - 12 Man if allowed gatherings of 100+
  - 9 Man if gathering limit remains at 50
- U17/U18 Regional High-Performance Camp c/w games (mid-May)
  - 12 Man if allowed gatherings of 100+
  - 9 or 6 Man if gathering limit remains at 50

### U17 Team BC

- National Championships (U17) (July) – Live Streamed
  - Requires approval of inter provincial travel by public health officer
  - 12 Man
- Junior Bowl (June) – Live Streamed by BCPFA
  - 12 Man if allowed gatherings of 100+
  - 9 Man if gathering limit remains at 50
- U17/U18 Regional High-Performance Camp c/w games (mid-May)
  - 12 Man if allowed gatherings of 100+
  - 9 or 6 Man if gathering limit remains at 50

### U16 Team BC

- Western Challenge - Football Canada (July) – Live Streamed by Football Canada
  - Requires approval of inter provincial travel by public health officer
  - 12 Man
- U15/U16 Regional High-Performance Camp c/w games (Late May)
  - 12 Man if allowed gatherings of 100+
  - 9 or 6 Man if gathering limit remains at 50
- Top 50 Intra Squad (Orange Jersey vs Blue Jersey) (June) – Live Streamed by BCPFA
  - 9 man

### U15 Team BC

- U15/U16 Regional High-Performance Camp c/w games (Spring Break or April)
  - 12 Man if allowed gatherings of 100+
  - 9 or 6 Man if gathering limit remains at 50
- Top 50 Intra Squad (Orange Jersey vs Blue Jersey) (June) – Live Streamed by BCPFA
  - 9 man

### U14 Team BC

- U13/U14 Regional Development Camp c/w games (Spring Break or Late May)
  - 6 Man
- Top 40 Intra Squad (Orange Jersey vs Blue Jersey) (June) – Live Streamed by BCPFA
  - 6 Man

## Clothing and Equipment Requirements

### Academy Clothing for Training (Purchased through BCPFA)

- Practice Jersey
- Practice Pinnie and/or Beanie
- Warm up/Training Top - Long Sleeve
- Training Shorts
- Regional Academy T-Shirt

### Academy Issued (For Games) – (Purchased through BCPFA)

- Reversible Game Jersey (Orange/Blue)
- Game Socks

### Provided by Athlete for Training & Games

- Helmet (see helmet policy)
- Cleats
- Shoulder Pads
- Rib Protector (if needed)
- Football Pants c/w integrated pads
- Gloves (optional)
- Mouthguard
- Long sleeve training top
- Socks for Training

### Team BC Equipment (Purchase required if selected to U16, U17 or U18 Teams)

- Helmet (see helmet policy below)
- Team BC Jersey
- Football Pants c/w integrated pads
- Team BC T-shirt
- Team BC Training Top

### Helmet Policy - Academy

All players will be required to wear a helmet during many practice sessions. The helmet must meet safety standards established by the National Operating Committee for Sports Equipment (NOCSAE). Players have the following option:

- Use your own previously purchased helmet (any style/colour is acceptable for training provided it meets safety standards)
- Use a helmet on loan from your club or high schools (any style/colour is acceptable for training provided it meets safety standards)
- Purchase a helmet through the BCPFA agreements with official suppliers (BCPFA will affix "Team BC" and other helmet decals).

### Helmet Policy – Team BC (U16, U17, U18)

All athletes selected to a final Team BC roster will be required to purchase a new helmet (If player has not already purchased helmet for academy program).

## Fee Schedule & Registration

### Regional Academy Fee (November to April)

Monthly Fee:	\$100
Uniform and Training Apparel	\$225 (one-time fee)

#### Additional Expenses:

- Fees for centralised High-Performance Camps (estimated \$20 to \$40 per player max)
- Travel costs to attend games and centralized high-performance camps
- Accommodation costs if overnight stay is required
- BCPFA and Football Canada Affiliation Cost (\$38)

### Team BC Fees (if player is selected)

Championship Costs (Canada Cup, etc.)	TBA*
Team Camps - Centralized	TBA**
Uniform and Clothing	\$225

*\*Championship costs will be confirmed by Football Canada in Early 2021*

*\*\*Fees for centralised Team Camps (estimated \$20 to \$40 per player max)*

#### Additional Expenses:

- Travel costs to attend games and centralized high-performance camps
- Accommodation costs if overnight stay is required

**Register at: [bcpfa.powerupsports.com](http://bcpfa.powerupsports.com)**

#### Contact:

Keith Ryan  
Executive Director  
[executivediretor@bcpfa.com](mailto:executivediretor@bcpfa.com)

Cory Philpot  
Operations Director  
[operations@bcpfa.com](mailto:operations@bcpfa.com)





# BCPFA

British Columbia Provincial  
Football Association